

handling

when all you can see are thorns...

Register
today

Adversity

How does one cope with the sorrows that life may bring? Like losing a parent at a young age? Or having your spouse cheat on you after years of blissful marriage? Perhaps it's a financial disaster that wipes out a lifetime of savings. For others, it could be a physical condition or psychological barrier causing anxiety so oppressive that it cripples your ability to function. Whatever your situation, you can learn how to rise above the storms, overcome personal setbacks, or better yet, prevent some from even happening. This series of three talks explores ways to handle adversity and build resiliency during tough times. Don't miss this opportunity to hear true-life stories & glean insights from people who have walked the downtrodden path before. Register today—places limited!

Topics:

- Oct 15: When All Love Is Lost: Rebuilding Family Ties & Intimacy
- Oct 22: When Every Cent Is Gone: Bouncing Back From Financial Loss
- Oct 29: When Body & Mind Fails: Staying Alive & Keeping Well

Speakers: ▪ Dr Teoh Chin Sim, MBBS (Sports Medicine Consultant & Entrepreneur) ▪ S Harichandra, ChFC(A), Chm(UK), (Financial Advisory Consultant) ▪ Alan Yeo, MA (Psych), MEd (Psychologist & Lecturer) ▪ Christian Subrata (Orphaned But Survived) ▪ Gordon & Yun Lim (Married For 49 years, Interruptions In-between) ▪ Benny Ong (Made & Lost Money Several Times Over) ▪ Elizabeth William (Body Ravaged But Recovering) ▪ V Mohan (Mind Bothered But Functioning) ▪ Leslie Lung (Man, Woman... & Man Again)

Featuring diverse perspectives including psychological, physiological, sociological, financial, spiritual & christian viewpoints.



Organised by: Liberty League

3 weekly evening sessions

Commencing:

15 Oct 09 Every Thursday
▪ 7.30pm – 9.30pm

Cost: \$50 (for all 3 sessions)

Venue: 2985 Jalan Bukit Merah, 3 Flr (EDB Learning Centre)

- Each participant will receive a FREE copy of the book — FOC: Freedom of Choice, Hardcover Collectors' Limited Edition (retail price: \$140.00)
- Make cheque payable to: LIBERTY LEAGUE PTE LTD

Register

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